

MANDURAH SWIMMING CLUB

Newsletter FEBRUARY 2003

COUNTRY PENNANTS SQUADS - Training will be on Saturdays 8th, 15th & 22nd February.

Marlins 9.00am - 11.00am. Dolphins, Seals & Otters 1.00pm - 3.00pm

Should a Marlin Country Pennant Squad member be unable to attend at this time, they should attempt to train with the Dolphins etc. later in the day.

PLEASE NOTE - TRAINING ON SATURDAYS IS ONLY FOR THE PENNANT SQUADS UNTIL AFTER COUNTRY PENNANTS. Regular Saturday training will resume after Country Pennants.

If you are unsure who has been selected please see the lists on the clubroom windows.

HAWAIIAN FUN NIGHT - Saturday 15th February 2003 For the Kids. Kids come dressed in your favourite Hawaiian outfit. \$2.00 Admission. Drinks and snacks on sale. Parents drop your kids off at the clubrooms at 6.00pm pick-up 9.00pm. Guaranteed fun for all!!

PARENTS...OUR OBLIGATIONS AT SWIM MEETS AND TIME TRIALS

Swimming is a very labour intensive sporting activity. The minimum requirement to successfully operate our own time trials is as follows.

24 timekeepers

1 starter

1 marshall

1 chief timekeeper

2 recorders/computer operators

2 referees

With the cooperation of most people at the pool we are usually able to achieve this. There are times when we do not have the required numbers on pool deck, yet there are still people available in the stand and around the pool who refuse to lend their assistance. Often some mums and dads have obligations with other young siblings as well as swimmers and the club acknowledges this may be a problem. As a general rule parents are obliged to give assistance at time trials. This is part of the requirements of joining the club and you know the old saying about many

hands. If asked by a club official to assist please respond in a positive manner if at all possible. Better still don't wait to be asked.

Swim Meets. Many of the clubs swimmers travel all over the state to attend swim meets. If the club sends a larger number of swimmers we will be expected to supply a set number of timekeepers (and often other officials). Generally one person will take on the role of organising the timekeeping roster. The more parents who agree to the sharing of this role, the lighter the load for all concerned. Please do not refuse to do your share of the timekeeping!! This is part of the obligation you accept when you join the club. Others who are happy to share this load become very unhappy when they must fill in for those who refuse to assist. I think it is fair to state that if people are not prepared to help with these tasks they should not enter their children into swim meets.

Parents are also asked to be careful not to walk alongside the pool calling out to their swimmer. This interferes with the role of the referees and is also considered "coaching". Another problem occurs in the marshalling area at times when keen mums and dads enter this area to encourage/kiss/put on caps/adjust goggles/collect clothing etc. Please remember this is out of bounds once the children have been marshalled.

If there are any areas of uncertainty regarding these courtesies and obligations please discuss them with President Greg Jenkinson or the writer.

Russell Nicholson
Vice President

CLUB CHAMPIONSHIPS - Sunday 23rd March 2003, Warm-ups 8.00am Start 9.00am. Please note for swimmers to compete in club championships they must have swum in at least 4 time trials since the beginning of the winter season in May 2002. More details to follow.

END OF SEASON WIND-UP - Friday 28th March 2003. More details to follow.

TIME TRIALS CALENDAR - you should all have a copy of this sheet prepared by Linda Eales either via email or clubroom mail box.

COUNTRY PENNANTS - if you were not at the last time trials evening and did not receive the information package prepared by Russell Nicholson please collect a copy from the clubrooms. Please see clubroom windows for list of events and competitors. Please complete accommodation/transport list on tables in clubrooms as soon as possible.

MEET ENTRIES

Don't forget entries for meets close approximately one week prior to the date advertised on the WASA site. Please check noticeboard above pigeon holes for closing dates and other information relating to swim meets. There is no guarantee of an entry being accepted if it is submitted after the closing date.

UNIFORMS FOR COUNTRY PENNANTS (for march past)

White Polo (approx \$35.00) see Diana

Blue Bucket Hat(\$12.00) see Diana

Navy Airflow Shorts (available from Jim Kidd @ \$18.95) (Mention you are from M.S.C to get discount)

We also have a good supply of bathers, caps and jackets should anyone be short.

I still have a few items of interest in lost property. If you have lost bathers or shirts come and see me to see if they are your size.

Please mark all your clothing with your name and check from time to time to make sure it hasn't worn off.

I am available on Mondays and Wednesdays and Friday timetrial nights for any uniform sales.

Diana Flintoff

NEXT TIME TRIALS - Marlins to supply jelly beans for raffle and food for sale at the coffee break. Can they raise more money than the Dolphin squad??

2003 **COUNTRY CHAMPIONSHIPS** - Mandurah 319 entries, 173 improved personal bests.

2003 **Harvey Open Carnival** - Mandurah 71 entries, 20 improved personal bests.

NEW CLUB RECORDS

17/1/03	Megan Birch	12yr Girls 100m I.M.	1:23:06
17/1/03	Jemma Hawkins	9yr Girls 50m Breaststroke	46:81
31/1/03	Amy Branson	11yr Girls 100m I.M	1:26:90
31/1/03	John Niessl	16yr Boys 200 I.M.	2:16:76
31/1/03	Lisande Dingjan	13yr Girls 100m Freestyle	1:03:25
31/1/03	Lisande Dingjan	13yr Girls 100m Backstroke	1:11:22

COMBINED SPORTS FIRST AID & LEVEL ONE SPORTS TRAINER COURSE - Cost \$270 per person. Tuesday 25/2/03 - Tuesday 20/4/03. 7.00pm - 10.00pm each Tuesday evening. Registrations close Friday 21/2/03. Enquiries Kerry Fenner 9535 7439. Cost includes course manuals, materials, refreshments and National accreditation and GST.